BUILDING RESILIENCY EMPOWERING PARENTS, FAMILIES AND INDIVIDUALS



Coordinated by United Way of Greater Union County

Union County Focus on Families Initiative

Please Join us for an important and interactive Virtual workshop....

Preventing Parent Burnout During COVID!

- Are you a stressed-out Parent/Grandparent?
- Do you wish your children would stop driving you crazy?
- Are you overwhelmed and feel like you just cannot do it all?

Thursday, October 22 6:00 p.m. – 7:30 p.m.

All workshop Participants will receive a \$15 Stipend

To Register call: Laurensa- 908-827-5400 or Vanessa- 908-800-0727

Hosted by

Hillside Family Success Center



